

	MONTH:	October	YEAR:	2016	
3-Oct		4-Oct	5-Oct	6-Oct	7-Oct
Breakfast Bowl w/ whipped Cream and Fruit	Vegetable Barley Soup w/Fresh Bun	Chicken Fingers w/ Veggies & Dip	Ham Wrap	Baked Raviolis w/ Marinara Dipping Sauce	
	Fruit		Ants on a Log	Fruit	
			Fruit		
10-Oct		11-Oct	12-Oct	13-Oct	14-Oct
No School	Creamy Tomato Soup	Perogies & Sausage	Baked Chicken Wrap	Spaghetti	
Thanksgiving Monday	Cheese Bread	Cucumber Salad	Salad	Garlic Toast	
	Fruit		Fruit	Salad	
17-Oct		18-Oct	19-Oct	20-Oct	21-Oct
Mac & Cheese	Chili w/ Corn Bread	Hot Dog	Veggie Burger	No School	
Veggies and Dip	Fruit	Macaroni Salad	Potato Chips	Pro D Day	
		Fruit	Fruit		
24-Oct		25-Oct	26-Oct	27-Oct	28-Oct
Breakfast Wrap	Cream of Chicken Soup	Meat, Cheese and Pickle Slices w/ crackers	Loaded Chicken Fried Rice	Black Been Quesadilla	
Fruit	Grilled Cheese	Veggies & Dip	Fruit	Salsa & Sour Cream	
Fresh Baked Muffin	Fruit				
31-Oct		1-Nov	2-Nov	3-Nov	4-Nov
Halloween					
	TBD	TBD	TBD	TBD	
Chef's Choice					

Please sign \_\_\_\_\_ up for October's Hot Lunch at:

- \$72 for 1 family member
- \$116 for 2 family members
- \$147 for 3 or more family members

(Month-to-month participants only. All family members who have signed up for the year are automatically enrolled.)