



# CISKD *Communique*

EASTER 2020

## Christ is Risen! Indeed, He is Risen – Alleluia!

I pray the joy of this Easter season has transcended these unprecedented times and filled the hearts and homes of our CISKD family. I have been amazed how our community members have responded to various challenges on very short timelines caused by the pandemic. We truly are Easter people!

I extend prayers to all students, staff, clergy and families affected in so many ways by this pandemic, and for our essential service workers who continue to sacrifice in order to help those in need. Thank you to all for following the direction of the Ministry of Health to keep one another safe and stop the spread of this virus!

I commend our Principals and Vice Principals who have worked diligently with our staff in navigating 'continuity of learning', with directions and guidelines that continue to develop by the Ministry of Education.

In addition, our teaching and support staff have made great adjustments to learn new ways of teaching, learning and supporting our students journey. Their creativity and collaborations, along with their commitment to providing meaningful ways for students to engage in remote learning are a reflection of their professionalism, care and concern for our students. All our staff remain committed to providing opportunities for students and families to grow in their faith, their relationship with God and the family of His Church!

Expertise for remote programming will take time to develop for both home and school to thrive. Our approach in CISKD is to first focus on

providing tools and methods to support this new reality, then communicate them with students, and finally organize programming and supports to provide learning opportunities for the remainder of the year. For the sake of our collective well-being, it is important that practice develops gradually for all involved. Remote learning is not intended to replicate the school experience from home, but rather to support learning success in a new reality.

I thank our parents and families who, despite their own changing circumstances, have been patient and understanding as both students and families learn new technology skills and ways to support learning success in different and creative ways. Establishing regular daily routines within the home and maintaining open communication between home and school will help set all up for success.

While tuition remains in place, we recognize that some families have been impacted financially by the pandemic. If your financial circumstances have changed as a result of this crisis and are unable to pay tuition, please contact your school Principal who will work with you on an appropriate plan. We do not want any family to leave our schools due to an inability to pay tuition.

As Easter people, we invite transformation into our hearts, lives and homes, and this spiritual joy is most relevant, now more than ever!



~ Holly Paluck  
Superintendent of Schools

## Thank you...



To our Bishop, all clergy and lay ministers and all those who supported them (cantors, tech gurus and others – you know who you are!!) who, due to the pandemic, had to change practise and livestream services to keep people safe! From the bottom of our hearts and the depth of our souls - THANK YOU!

Thank you for taking up the challenge, the cross, of learning a new way to evangelize and care for our communities by providing a way to meaningfully celebrate and observe our Lenten, Holy Week, Triduum and the Easter seasons. We, in our Diocese are grateful!

May God bless each of you abundantly and may your efforts continue to bear the most beautiful fruit, permitting our faith communities and families to grow in love for God and each other in new ways!



# CISKD Board of Directors News....

## Policy Review...

One of the priorities this year for the CISKD Board of Directors has been its review and revision of governance and administrative documents.

Policies are authorized by Boards to establish clarity regarding governance and administrative matters for the operation of its business.

Board Governance Policies, Administrative Applications of Board Policy, and School procedures work together to provide for effective system operations.

Governance documents have been drafted and are undergoing review processes. An update will be provided to Society members this Spring.

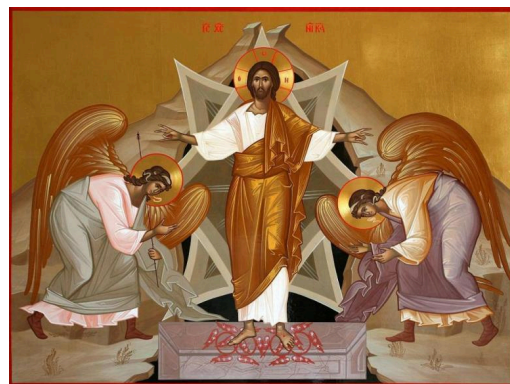
## Religion & Family Life Curricula Review Focus Committee

This Committee has been tasked to review and recommend a common Religion and Family Life curricula and resources for the consideration of the Bishop of Kamloops and the CISKD Board of Directors.

The Committee is composed of clergy, principals and teachers. They have met on several occasions to review available curriculum, programs and resources that currently exist within and beyond our schools.

The Bishop of Kamloops and CISKD Board of Directors are anticipating this Committee's suggested recommendations for consideration in the near future. A decision is anticipated to be made by the end of this school year for fall implementation at all CISKD schools.

The Board thanks this Committee for its commitment and care to providing essential clarity that is at the heart of our Catholic schools existence in this Diocese!



**Christ is Risen  
from the dead!  
By death  
He conquered death!  
And to those in the  
tombs,  
He granted life!  
ALLELUIA!!!**



## CREATING AN ALTAR OR PRAYER SPACE FOR YOUR HOME

### LIVING THE DOMESTIC CHURCH: CREATING A HOME ALTAR 101

Creating an Altar in your home is easier than you think! It's simple to do, no rules, and is a great way to set the path for the Domestic Church in your home!

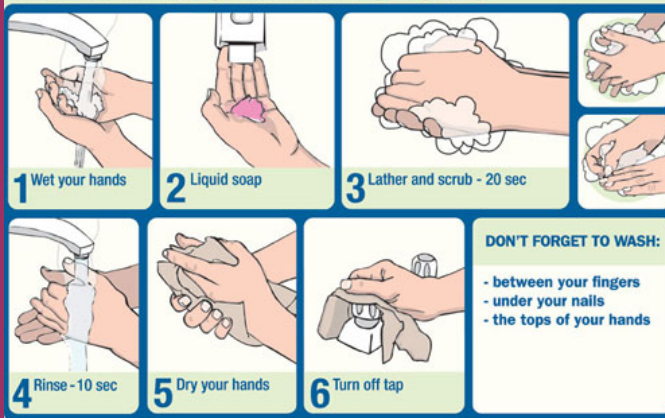
**Start with a Surface** - a mantle, desk, table, top of the piano, shelf on the wall, a bookshelf, an area of your china cabinet - anything that works for you and can be a practical gathering space for prayer. It doesn't have to be perfect and you can always move it later.

**Gather a Selection of Religious Items** - Gather items you may already have: a Bible, candles, rosaries, holy statues/icons, crosses, flowers, prayer cards/booklets, dried out palms, from last Palm Sunday, white candle, etc. If you don't have many items, it's fun to make them, too!

**Involve the Kids** - Make a rosary, plant a potted Easter garden, create Resurrection Eggs, craft a crucifix or cross, colour pictures, use blocks of lego to build stages for the elements. Add a pillow for kneeling, and that's it - you're good to go! Your home altar can stay year round - changing the elements as the liturgical seasons change: Easter (white), Ordinary Time (green), Lent/Advent (purple or violet).

## Hand Washing Tips!

### How to wash your hands properly



Following the news that the coronavirus is affecting an increasing number of people worldwide, members of the public have been urged to wash their hands frequently and thoroughly.

The direction from health authorities is to wash your hands with soap and warm water for at least 20 seconds, roughly the same amount of time it takes to pray one "Hail Mary" – double the goodness!



## Easter Sermon of Saint John Chrysostom, Archbishop of Constantinople

*"Let every pious and God-loving soul enjoy this splendid and luminous feast; let every faithful servant enter joyfully into his Master's joy! Let the one who has borne the burden of fasting now receive his pay, and the one who has toiled since the first hour, let him obtain his due reward! ...If there is one who waited until the ninth hour, let him come unhesitatingly....For the Lord is generous and receives the last even as the first; He gives rest to the worker of the last hour even as to the one of the first. He has pity on the last, and services the first; he rewards the first, and gives freely to the last. He receives the fruits of labour, and accepts good intentions; he honours the deed and praises the effort.*

*And so, enter into your Master's joy: you the first and you the last will receive the bounty. Come together, you rich and you poor; abstinent, honour this day. You who have kept the fast and you who have not, be joyful now: the table is laden, take of it all of you without any scruple. There is enough of the fatted calf for all: let no one go away hungry. All of you, come and taste the banquet of faith; all of you enjoy the abundance of mercy....*

*O death, where is your sting? Abyss, where is your victory? Christ is risen, and you are cast down; Christ is risen, and the demons are crushed; Christ is risen, and the angels sing for joy; Christ is risen, and life has overcome; Christ is risen, and the tomb is emptied of the dead: for Christ the Resurrection has become the first-fruits of the dead. To Him be glory and power forever. Amen"*



### Sr. Margaret "Peggy" MacFarlane 1932-2020

MacFarlane, Sister Margaret "Peggy", formally Sister Ian Marie, 88, a Sister of St. Martha of Antigonish, died at Mary's Court, Parkland Antigonish on Saturday, April 11, 2020 in the 66th year of her Religious Life. Her death is not related to COVID-19.

Born in Upper Margaree, Nova Scotia, Sr. Margaret was the daughter of the late John Archie and Alice (McDaniel) MacFarlane.

Sister Margaret entered the Sisters of St. Martha on August 15, 1952. She pronounced her first vows on August 15, 1954 and her perpetual vows on August 15, 1957. Sr. Margaret spent almost half of her religious life in the field of education, having obtained a teaching diploma from the Normal College, Truro in 1956. She continued her own education with a BA from the University of British Columbia, and BED from St. Francis Xavier University in Antigonish in 1970. Sr. Margaret taught in several communities in which the Congregation was present. In Nova Scotia she taught in St. Andrew's; St. Margaret's Bay, CB; Ingonish, CB; Dingwall, CB. In British Columbia she taught in Kamloops. She also served as principal in Kamloops and Ingonish. Following her time as a teacher she moved into Catechetical Education in Dominion, CB before serving in the ministry of Spirituality. She was as a trusted Spiritual Director and facilitator of Retreats and programs. Martha Retreat Centre in Lethbridge, AB., was among the many communities in which she served in this ministry.

Within the congregation Sr. Margaret served as the first Director of Martha Associates; Director of First Commitment; Director of Ongoing Formation; Assistant Congregation Leader. She also served as local superior in several of the local Communities in which she lived. She also put her love of history into practice as Oral Historian for the Congregation.

A woman of deep wisdom, Sr. Margaret was a trusted confidant to many. Her laughter was contagious, and she loved a good game of cards and was always up for adventure. She held the cares of the world deeply in her heart, and valued above all her relationships with God, her Martha Sisters, and her family with an abiding love for each.

Besides her parents, Sister Margaret was predeceased by two brothers, Harold and Gerald. She is survived by her brother James "Jim" and his wife Shirley, and her sister, Sr. Mary MacFarlane, CSM. She was devoted to her many nieces and nephews, and they to her.

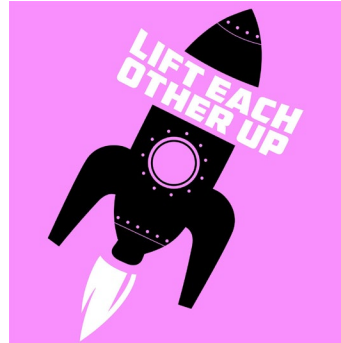
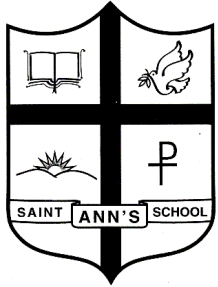
The burial will take place in the private cemetery of the Sisters of St. Martha following the recommendations and procedures required during this time of COVID-19.

A Memorial Mass, and celebration of her life will be held at a later date once the doors to Parkland Antigonish can be open to guests.

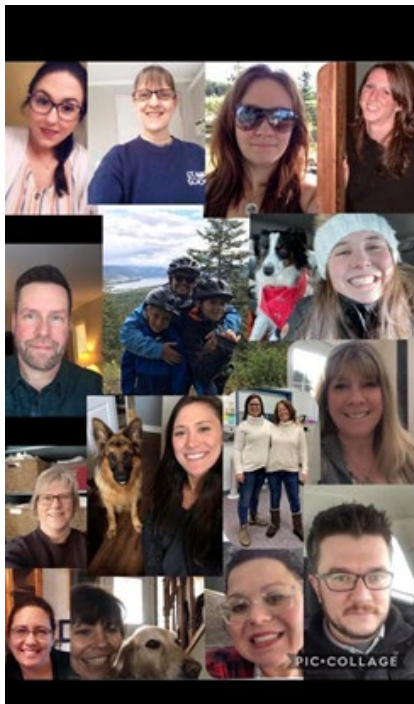
Arrangements are under the direction of C.L. Curry Funeral Services of Antigonish. Online condolences: [www.clcurry.com](http://www.clcurry.com)



# News from St. Ann's School, Quesnel....



Students wore pink on February 27<sup>th</sup> to recognize Anti-Bullying Day, but hopefully kindness and caring for each other continues for the whole year through!



Staff at St Ann's sending a virtual "Hello" to their students.



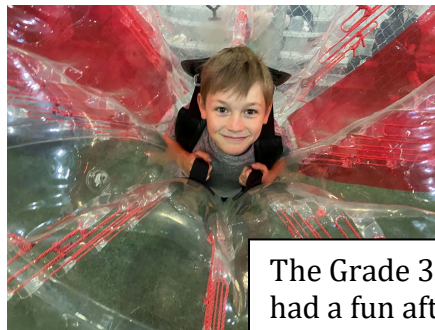
Mardi Gras! Fun day with masks, crafts, green, purple, and gold. Pancakes and sausages provided by the PSG, which were delicious!



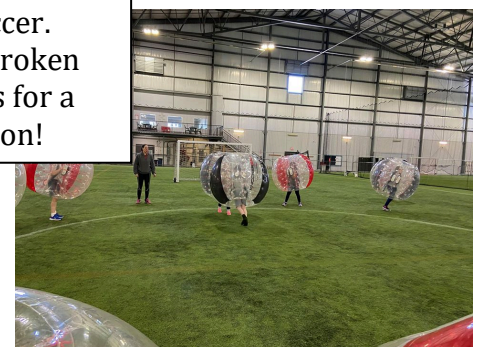
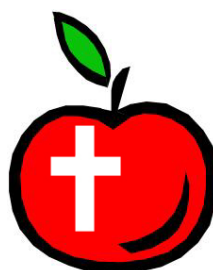
Building Rainbows!



Kindergarten created instruments for their STEM project. Such a great job!

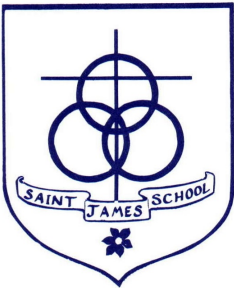


The Grade 3/4 class had a fun afternoon of bubble soccer. Thank you, Broken Arrow Sports for a great afternoon!





News from St. James School, Vernon....



St. James Family Fling  
February 14<sup>th</sup>!



Ishmael Spirit



Winter Carnival Poster  
Contest Winners!!





# News from OLPH School, Kamloops....



**Thank You to our Knights of Columbus,** for hosting this year's 2020 Free Throw Competition. Congratulations to these students for placing first place in their grade.



## **Buddy Bingo - Catholic Schools Week Style!**

Bible, Mary, Cross were one of the many words students had to match in order to claim various prizes during our Buddy class BINGO game!



## **Dolphins vs. Kamloops Blazers**

We had a visit with members of the Kamloops Blazers and competed in a floor hockey match with the entire school! Teams from Kindergarten to Grade 7 competed for epic bragging rights as the #Dolphins were pitted against the #Blazers! It was a great event and fun for everyone! The Blazers were very respectful and so wonderful with the students of #OLPH! Thank you!



## **Sacramental Preparation - Grade 2**

Father Vijay paid a visit to our Grade 2 students as they prepare to receive the sacrament of First Holy Communion. Please keep our students in your thoughts and prayers as they continue their faith journey with our Lord.



## **Faith and Family Day!**

Time with family AND time with the Kamloops Blazers...what could be better!





# Sisters of St. Ann Honoured for Legacy of Education, Health Care



On Feb 14, 2020, the Sisters of St. Ann were honoured for their incredible contributions to Catholic education in the province by the Catholic Independent Schools of British Columbia

The Sisters, who have devoted lifetimes of service in education, nursing, and social justice in our province, received the first annual Sisters of St. Ann Award at the Catholic Educators Conference where they were praised for their historic efforts.

"It's very humbling for us to receive this, as those here are receiving an award on behalf of all those who have gone before us," Sister Marie Zarowny said before accepting the award with several other Sisters from the Catholic Independent Schools Committee of B.C.

The Sisters of St. Ann were founded in Vaudreuil, Que., in 1850 with the mission of providing quality education to poor children. They arrived in Victoria in 1858 at the request of Bishop Modeste Demers and opened the province's first Catholic school. Over the next century and a half, they opened 10 hospitals and more than 30 schools across B.C. and Alaska, while also running social justice initiatives including reconciliation efforts with First Nations, raising awareness about domestic abuse and human trafficking, and caring for creation.

In our Diocese, the Sisters founded St. Ann's Academy in Kamloops, which opened in 1880 and is celebrating 140 years in 2020. The school holds the honour of being the longest continually operating school in B.C. The Sisters also served faithfully in St. James School in Vernon, for many, many years as teachers. Thus, it was both an honor and a blessing for CISKD representatives, Fr. Derrick Cameron (Bishop's Representative), SAA Principal Patrick Niwa, and CISKD Superintendent of Schools Holly Paluck, to attend the awards and reception that honoured the Sisters of St. Ann for their legacy.

"Those who were in BC in the 1800s and the early 1900s would have no idea that what they were doing would have this lasting effect," said Sister Zarowny. Organizers said the award was created to recognize a group or person whose exceptional leadership, commitment, and vision advance Catholic education in B.C., making it fitting to name it for an order of sisters who were teaching before Canada was a country.

These dedicated, well-educated women of service managed to own and operate Catholic schools across the Pacific Northwest without public funding from the Ministry of Education. The Sisters were astute businesswomen, acquiring

land in the region that would be used for schools and healthcare centres, all while they were working full-time as principals, teachers, and healthcare professionals."

The Sisters' days of opening new schools and hospitals are now behind them. There are only 25 left living in the province – all in Victoria – with a median age of 86. Lately, they have been wrapping up their work by selling their properties and making donations to worthy organizations who can carry on their mission.

Sizable donations have gone to St. Mark's College in Vancouver, St. Paul's University in Ottawa, and the Canadian Catholic Organization for Development and Peace.

The Sisters also have a strong relationship with the Victoria Foundation and various non-profits in the city that support affordable

housing, reconciliation, food security, and help for vulnerable people including those with drug addiction or fleeing domestic violence.

Sister Zarowny said she has come to realize that the Sisters can leave the schools behind, but not the Order's heart for education. "Whether we're involved in social justice or responding to needs for housing or the environment, there has always been an educational component. That taps into our educational charism." As the award shall be given to a different group or individual each year, Sister Zarowny said she's grateful it will continue to recognize the Order's efforts. "The work of the Sisters over these 162 years will be remembered, in perpetuity."

May God continue to bless the Sisters of St. Ann as they have been an extraordinary blessing to our Diocese and province!

~Adapted from BC Catholic, Feb 2020

Fr. Derrick Cameron (Bishop's Representative), SAA Principal Patrick Niwa, and CISKD Superintendent of Schools Holly Paluck, thanked the Sisters of St. Ann at the CISCBC reception hosted in their honour.



The Sisters of St. Ann received the inaugural award named in their honour at the Catholic Educators Conference. (Ramon Portugal photos)



# News from ASCEND Online School....



Surveying God's Beauty on Easter Morning

Growing  
Together  
in Faith



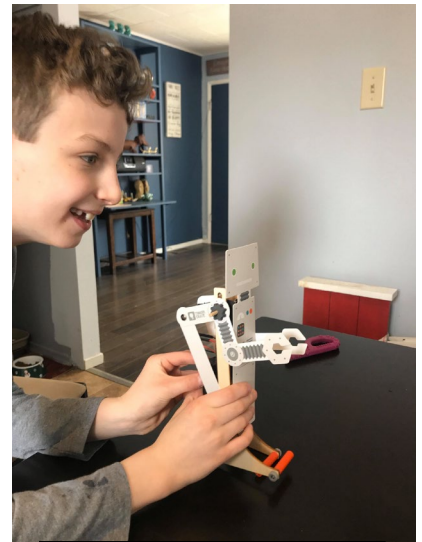
Learning in the Kitchen!



Artwork by Maria



Learning my ABCs



Robotics are fun!



Learning Online

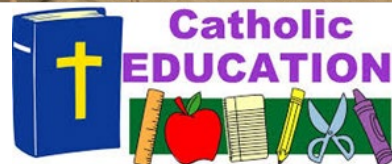




# News from Sacred Heart Catholic School, Williams Lake....



Sacred Heart  
Grade 4-7 Science  
Fair February 19<sup>th</sup>!





# News from St. Ann's Academy, Kamloops....



## Happy 50<sup>th</sup> Birthday!

*Birthday Blessings to Fr. Derrick who turns 50 this weekend!! May God continue to bless you as you have been a blessing to us!!)*



SAA congratulates the Sisters of St. Ann for receiving the inaugural award from the Catholic Independent Schools Committee of British Columbia, named in their honour, for their dedication and commitment to Catholic education in British Columbia.



Congratulations to Grade 12 student Rohit on placing 3rd in the Under 20 shot put at the Gary Reed Indoor Classic Track and Field Meet held at TRU.



Congratulations to all Grade 5, 8 and 9 students who participated in the SAA Science Fair on March 10. There was quite a variety of projects on display highlighting various scientific studies and inquiries.



Congratulations to all performers for sharing their incredible talent during the SAA Talent Show that was held on March 11. We enjoyed watching your various displays of song, music and dance very much!

Students in Grade 4 were presented with their very own bible last week. Thank you to the Knights of Columbus Council 1614 of Sacred Heart Cathedral for their generosity in purchasing these beautiful bibles for our students. Thank you to Father Derrick for his blessing and presentation of the Bible's



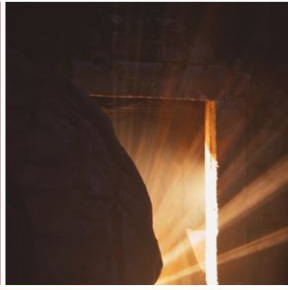
## Closing School Mass of Catholic Schools Week

Thank you to Fr. Derrick and Fr. Ajin for celebrating Mass with our school community on Friday to conclude Catholic Schools Week 2020!



# The Resurrection of the Lord

Easter Sunday



"The Lord  
is truly risen,  
*alleluia.*  
To him be glory  
and power  
for all ages of eternity,  
*alleluia, alleluia.*"

Luke 24:34; cf. Revelation 1:6



O God, who on this day,  
through your  
Only Begotten Son,  
have conquered death  
and unlocked for us  
the path to eternity,  
grant, we pray,  
that we who keep the solemnity  
of the Lord's Resurrection  
may, through the renewal  
brought by your Spirit,  
rise up in the light of life.  
Through our Lord Jesus Christ,  
your Son,  
who lives and reigns with you in  
the unity of the Holy Spirit,  
one God, for ever and ever.

The Roman Missal



Today, we celebrate Easter,  
**Christ's Resurrection.**  
Easter is the "feast of feasts,"  
"the solemnity of solemnities,"  
and the "Great Sunday."

Catechism of the Catholic Church, no. 1169



Archdiocese  
of Toronto

[www.archtoronto.org](http://www.archtoronto.org)  
f archtoronto

*Christ is Risen!  
Indeed, He is Risen!  
We are Easter People,  
Alleluia!*

- CISKD Board of Directors  
&  
office of the Superintendent

